

# NOSA Career Guide

## Your ready-to-use guide to a successful safety career

You want to become a true safety professional but you need help deciding on the best choice for you. There are no shortcuts, but this is because taking the right amount of time ensures you've made the right choice. The safety industry is filled with great opportunities, and you can be a part of those who are grabbing them. To do this, you'll need a definitive guide to help you plot your unique career profile from start to finish. Here's the expert help you need.

### STEP 1: INTRODUCTORY COURSES

Your first step to kick-start your safety career begins with these introductory courses:

- First Aid Level 1
- Basic Firefighter
- SHE Representative
- Applying SHE Principles and Procedures (ASHEPP)
- Basic Working at Height
- Introduction to OHS Act
- Mine Health and Safety (MHS) Act
- Emergency Evacuation Procedures
- Emergency Awareness
- Fire Marshal
- AARTO Workshop
- Apply Basic Concepts of Cargo Care
- Use Gangway Communications Signals to Direct Ship Cargo Lifting Appliances

### STEP 2: BUILD ON FUNDAMENTAL TRAINING

Build on your fundamental training with associated courses that will grow your experience:

- Hazard Identification and Risk Assessment (HIRA)
- Preliminary Incident Investigation
- Introduction to SAMTRAC
- Advanced OHS Act
- A-Z of MHSA
- Fall Arrest
- Convey Dangerous Goods by Road
- Pick Stock in a Distribution Centre/Warehouse
- Dispatch Stock from a Distribution Centre/Warehouse
- Defensive Driving for Light Motor Vehicles
- Defensive Driving for Heavy Motor Vehicles
- Learnerships

### STEP 3: DEFINE YOUR CAREER PATH

Now is the time to define your career path, by deciding where in safety you want your role to grow:

- SAMTRAC
- Construction Regulations
- GMR (2)1 Supervisor of Machinery
- Confined Space Entry
- Confined Space Rescue
- ITIS: Train-the-Trainer
- Advanced Fall Arrest
- NEBOSH IGC
- Conduct Efficient Warehousing Operations Skills Programme
- Incident Investigation Level 3
- Controlling Hazardous and Dangerous Goods

### STEP 4: ENHANCE YOUR PROFESSIONAL PROFILE

At this stage of your journey, your professional profile will be enhanced by the following training courses:

- Root Cause Analysis (RCA) Training
- ISO 9001: 2015, ISO 14001: 2015 and ISO 45001: 2018 (Introduction)
- Combined ISO 45001: 2018 and ISO 14001: 2015 (Introduction)
- Advanced SAMTRAC
- SAMTRAC Construction
- NEBOSH ICC
- NEBOSH EC
- Fall Protection Plan

### MILESTONE 2:

You have spent several years working within the field of occupational risk management, and you have the qualifications to support this. You are a bona fide **safety officer**.

### STEP 5: FOCUS YOUR EXPERTISE

With the following advanced safety courses, you are at a point where you are keen to focus your expertise – and your gaze is turned towards the top seat:

- ISO 9001: 2015, ISO 14001: 2015 and ISO 45001: 2018 (Implementation)
- Combined ISO 45001: 2018 and ISO 14001: 2015 (Implementation)
- NOSA Navigator's Course
- Safety for Supervisors Course
- Legal Liability

### STEP 6: SPECIALISED TRAINING

This is it! With these courses firmly under your belt, you possess the most respected of safety expertise:

- ISO 9001: 2015, ISO 14001: 2015 and ISO 45001: 2018 (Internal Auditor)
- Combined ISO 45001: 2018 and ISO 14001: 2015 (Internal Auditor)
- Auditor's Course

### MILESTONE 3:

You have achieved excellence through strategic risk management. The sky's the limit as a valued **safety professional**.

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